

Elsa McAlonan's Beauty Upgrades: How to master barely-there spring bases

- Elsa McAlonan recommends the best barely-there bases for 'second skin' effect
- She also reveals the secret to Rosie Huntington-Whiteley's radiance
- She also suggested the best new hairsprays to use at each age

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WHAT'S NOW & HOW TO DO IT: BARELY-THERE SPRING BASES

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Elsa McAlonan revealed the best foundations for achieving the 'second skin' effect (file image)

With spring in the air, the lighter the foundation, the better it'll look.



Giorgio Armani Face Fabric

Giorgio Armani Face Fabric was the first to offer a 'second skin' effect and, after being discontinued a few years ago, is available again.

johnlewis.com

£38

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Marc Jacobs's Shameless Youthful Look 24 Hour Foundation

Also out this month is Marc Jacobs's Shameless Youthful Look 24 Hour Foundation, which won't 'settle' in fine lines.

net-a-porter.com

£32

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YSL Touche Eclat All-In-One Glow Foundation

If you're after coverage and hydration, try YSL Touche Eclat All-In-One Glow Foundation. Less is more.

counters nationwide

£33.50

Shop

RACE YOU THERE



The latest must-have from Beauty Pie, the beauty buyers' club that promises members luxury make-up for less, is this Pro-Strobe Luminizer (£5.45 for members, £24 for non-members, beautypie.com).

It looks similar to the Laura Mercier Face Illuminator Powder (£32) and has a soft, pearly texture that you can gently swirl over your usual base for a subtle, luminous glow.

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ROSIE'S OSCAR AWARDS GLOW



Rosie Huntington-Whiteley (pictured) reportedly used a selection of cosmetics from Glossier to achieve a radiant appearance during the Oscars

Model Rosie Huntington-Whiteley looked radiant at the post-Oscars Vanity Fair party, partly thanks to her chic eyeshadow.

Make-up artist Katie Jane Hughes used Glossier Lidstar liquid eyeshadow (£15 or two for £25, [glossier.com](https://www.glossier.com)), applying Fawn, a smoky taupe, at the outer edge of her eyes and Moon at the inner corners.

Her brows were groomed with Glossier Boy Brow (£14) in Clear.

THIS WORKS



The Lift Buff & Glow 60 Second Polish

Gentle exfoliation gives skin a glow, but choose a product for mature or sensitive skin. The Lift Buff & Glow 60 Second Polish, contains hyaluronic acid to hydrate the skin, and lipopeptides and myoxinol to help plump and smoothe. Apply every three days after morning cleansing.

Boots

£12.99

Shop

SECRET TO CURING DRY SKIN OVERNIGHT

There's a new skincare trend — 'slugging' — which involves applying a thick layer of petroleum jelly to your face before you go to bed in the hope of a fresher complexion by the morning.

But skin expert Dr Sarah Shah is not convinced. 'Petroleum jelly is occlusive, so it can lock moisture in, but isn't able to draw water from the air into the skin or provide rehydration.'

It is more beneficial to use a mask to work its magic while you sleep.



Vichy Slow Age Night Cream and Mask

The new Vichy Slow Age Night Cream and Mask works as the skin rests, leaving it looking plumped. The dark brown cream is fortified with resveratrol, which is used in Chinese medicine, and has a gentle scent.

Boots

£32

Shop

3 OF THE BEST: NEW HAIRSPRAYS



IN YOUR 50S: MOROCCAN OIL Perfect Defense

MOROCCANOIL Perfect Defense. This mist will protect hair from damage caused by appliances such as straighteners.

It's infused with argan oil which helps restore elasticity and shine to lacklustre hair.

feelunique.com

£26.85

Shop



IN YOUR 60S: RITA HAZAN Lock + Block Protective Hair Spray

RITA HAZAN Lock + Block Protective Hair Spray.

This new dry mist from the celebrity hair colourist has vitamins to protect your hair against UV rays, colour fading, humidity and over-drying.

Selfridges

£21

Shop



IN YOUR 70S: LIVING PROOF Full Dry Volume Blast

LIVING PROOF Full Dry Volume Blast.

Invisible micro particles in this formula increase the space between hair fibres, transforming flat or fine hair into a volume-packed style. Apply for an instant boost.

Marks and Spencer

£25

Shop

SHAMELESS INDULGENCE



Rosa Duchessa blush in Provocative from Dolce & Gabbana

Pretty packaging alone isn't enough to justify spending a lot on a blusher — but if the product inside really does the job, it is worth paying a little extra.

And make-up doesn't get much prettier than this limited-edition Rosa Duchessa blush in Provocative from Dolce & Gabbana, a golden compact decorated with a vibrant pink rose design. It's from the Dolce Garden Make Up collection for spring 2018, which is inspired by blooming roses.

The pink blush shades within suit all skin tones. Brushed on to the apples of the cheeks, there's just enough shimmer to create a gleam that looks both natural and healthy.

Harrods

£44

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